

HARASSMENT in the workplace





Marie-France Hirigoyen

Doctor in Medicine since 1978, psychiatrist, psychoanalyst and psychotherapist. Her interest in stress led her in the mid-1980s into victimology, a branch of criminology

It was in her first book, "Le harcèlement moral, la violence perverse au quotidien", published in 1998, that Marie-France Hirigoyen first came up with the term "Psychological Harassment" - a term which has become, sadly, widely used.

"Psychological harassment means any improper conduct (physical behaviour, spoken or written language, gestures or other acts) that takes place over a period repetitively or systematically, intentional and may undermine the personality, dignity or physical or psychological integrity of any person..."

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